

Torii Teller

Volume 45 Number 31

Marine Corps Air Station Iwakuni, Japan

August 18, 2000

What's Inside



Weather observers
Page 4



Making "kingyo"
Page 5



Triathlon clinic
Page 12

Visit our website at
www.iwakuni.usmc.mil

Bad guys beware!



photo by Sgt. Michael Wiener

Marines work with man's best friend to keep air station safe.

Page 6

Options available for health care needs

by Staff Sgt. Michelle Smith
Media Chief

The Branch Medical Clinic has varied options available to provide care for station residents.

A recent change that has occurred is that the Acute Care Clinic was renamed Urgent Care. While the change seems minor, the purpose of this change is to provide a more descriptive title reflecting the purpose of this clinic.

"The Branch Medical Clinic is just that, a clinic. A clinic provides outpatient services but not inpatient services," said Cmdr. Paul Lund, Medical Clinic officer-in-charge. "All patients needing hospitalization are sent to local Japanese hospitals or flown to U.S. military hospitals."

Because the medical clinic does not have an Emergency Room, all emergencies are stabilized and transported to a local hospital. Emergencies are life, limb, or function threatening illnesses or injuries, Lund said.

The Branch Medical Clinic is comprised of two large clinics Urgent Care and Family Practice, and ancillary services such as pharmacy, laboratory, physical therapy, and X-ray, Lund said.

Family Practice handles the majority of the patients on an appointment basis during regular working hours and special clinics on most Saturday mornings. Appointments for the Family Practice clinic can be made by calling 253-3445/3438 or 4130.

Urgent Care's purpose is to handle medical

needs that require "urgent" care.

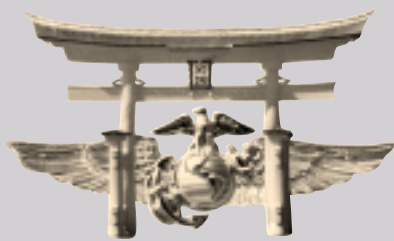
According to Lund, a medical condition that is considered urgent is an illness or injury that cannot wait until the person can be seen in Family Practice. For this reason, Urgent Care does not take appointments. Patients are prioritized based on the severity of their illness or injury.

In addition to these services, the clinic also provides a variety of specialty clinics. "Specialty clinics are conducted when specialists such as Ears, Nose and Throat, Orthopedics, Dermatology, to name a few, visit from Naval Hospital Yokosuka," Lund said.

Assistance is provided to help residents determine if they should go to Urgent Care or make

see **MEDICAL** Page 4

Torii Teller



Commanding Officer
Col. Richard Dunn

Public Affairs Officer
Capt. Jeffrey Sammons

Public Affairs Chief
Gunnery Sgt. Constance Dillard

Press Chief
Sgt. Raymie G. Cruz

Media Chief
Staff Sgt. Michelle Smith

Information/Editorial Specialist
Sachiko Misaka

Combat Correspondent
Sgt. Michael Wiener

Combat Correspondent
Cpl. Kurt Fredrickson

Combat Correspondent
Cpl. Ryan O'Hare

"This weekly newspaper is an authorized publication for members of the military services stationed overseas and their families. Its contents do not necessarily reflect the official views of the U.S. Government, the Department of Defense or the U.S. Marine Corps and do not imply endorsement thereof."

Editorial content is edited, prepared and provided by the Public Affairs Office of Marine Corps Air Station Iwakuni, Japan.

All queries concerning news and editorial content should be directed to the Public Affairs Office, Building 360, Room 7, Marine Corps Air Station Iwakuni, Japan.

PSC 561 Box 1861
FPO AP 96310-0029
Phone 253-5551 or 253-5554 (fax)

New station Commissary director speaks out

Hello! My name is Robert Peck and I am the new store director of your Iwakuni Commissary. I would like to thank everyone for their patience during the renovation of the store. The people at the Commissary worked very hard in trying to make the renovations feel transparent to the most important people in Iwakuni, you, our patrons. They have also worked diligently these past few weeks in getting all of the items we should be carrying back on the shelves. If you give us some time, I think you will be pleasantly surprised with what you see down the road.

Have you heard the phrase, "Not ask what your Commissary can do for you, but what you can do for your Commissary." (Or something similar to that.) Well I need something from you so everyone can enjoy the commissary—carts. If you will please return the shopping carts immediately after using them to transport your groceries, other

patrons and myself would be greatly appreciative.

Opportunities! (Here is where your Commissary can do something extra special for you!) Starting in September, I will start a program called "Baggers for a Day." This program is designed to help base organizations raise funds by bagging groceries for a day on one lane. All tips collected at that lane will be theirs to put in their unit treasury. Only one day a month will be set aside for this event. If your organization is interested please send me an e-mail stating, organization, point of contact, phone number and cause to cwhjcsa@fe.deca.mil. (A waiting list will be maintained.)

My staff and I are always available to assist you and look forward to your questions and comments.

/s/ Robert Peck
Iwakuni Commissary director



Robert Peck

Corps News

Recon Marines train with 'Iron Horses'

by Sgt. Gregory K. Funk
MCAS New River, N.C.

With aircraft 05 "turning and burning," Marine Heavy Helicopter Squadron-461 conducted exercise Soft Duck with 2nd Reconnaissance Bn. Marines from French Creek, aboard Camp Lejeune.

Lieutenant Col. Mark A. Clark, HMH-461 commanding officer and Capt. Jeff C. Haniford, HMH-461 S-4 officer, piloted the CH-53E to conduct this training with the recon Marines.

In the late afternoon sun, the Marines from recon staged their gear on a simulated amphibious assault ship deck aboard Camp Lejeune. The first crew to plunge into the waters of Onslow Bay, just north of the New River Inlet, was a seven-member scuba team using a Closed Circuit Diving Rig.

With this gear, the Marines could lie in two feet of water for more than 30 minutes without anyone being aware of their presence, said Staff Sgt. Michael Raybon, 2nd Recon training chief.

HMH-461 conducted a dry run first for the divers and after a positive response it was show time. Going back around to commence the actual drop, Sgt. Alex Vergara, HMH-461 crew chief, gave the two-minute mark with the aircraft at 175 feet and traveling approximately 100 knots. By the one-minute mark the Super Stallion was 18 feet above the water traveling at 28 knots. Vergara indicated thirty seconds to drop-off, then at seven knots with the tail of the ramp just touching the water, the scuba Marines practically walked into the water and gave thumbs up, indicating a successful drop. Then it was back to the LHA deck to pick up another group.

This time a Combat Rubber Reconnaissance Craft, or Zodiac, was loaded into the back of the '53, full of gear and a crew of Marines. Just like the previous drop, the Marines were given a dry run then an actual. Given their marks and with the ramp just in the water, out they went.

The final drop consisted of two Zodiacs and two crews. There would not be a dry run this time, hot from the get-go. Coming in low and fast the skilled pilots from the "Iron Horse" squadron slowed to a crawling three knots, again just touching the water.

After the first boat with crew was in the water, Clark and Haniford popped the Supper Stallion up about fifty feet and banked a hard left to settle in behind the first craft to drop the second team into the water.

After Lance Cpl. Rich J. Puza, an aerial observer from Marine Aviation Logistics Squadron-26, confirmed the mission was complete, Clark felt these motivated Marines from Recon deserved a fly by. With a little bit of power and a hard bank to the left the Marines in the water waved as the '53 flew low and fast overhead. Clark, a '53 pilot since 1983, said the CH-53 is the only aircraft in the Marine Corps' arsenal that can support Recon or the Navy SEALs with all the gear they need to accomplish their mission.

Operational tempo and the availability of aircraft often hinder this type of training, said Sgt. Brian Mathews, 2nd Recon Bn. radio operator. He indicated that this group of Marines are slated to float with the 24th Marine Expeditionary Unit.

"The pilots love to help out," Raybon said, and he boastfully added "the air wing lives through us vicariously."

Help when it's needed most

by Staff Sgt. Michelle Smith
Media Chief

The Marine Corps has a saying that "Marines take care of their own". Government service civilians can proudly say the same. The Voluntary Leave Transfer Program is one reason the statement has merit.

The Voluntary Leave Transfer Program, established Jan. 31, 1989, allows civil servants to assist each other in time of need.

According to Joyce Gillespie, Consolidated Human Resource Office employee relations specialist, the program permits federal employ-

ees to donate leave to other federal employees experiencing personal or family medical emergency situations.

"An employee who encounters a personal or family medical emergency that causes them to enter into a non-pay status for at least 24 hours after exhausting all accrued leave are eligible to apply," said Gillespie.

"Once an employee realizes that all accrued leave will be exhausted, they should visit CHRO and complete the necessary paperwork to be approved as a leave recipient. The employee will need to provide a doctor's statement regarding the nature of illness, to include a diagno-

sis and prognosis of their medical condition for themselves or their family member," she said. The employee must also submit a copy of their most recent Leave and Earnings Statement to verify sick and annual leave balances.

The recipient can receive leave from the annual leave accounts of one or more donors.

Once an employee submits the request, and it is approved, the need is advertised to the local workforce, and personnel offices in Yokosuka and Okinawa. Advertising an employee's needs to other commands widens the donation pool thus giving the requestor a greater chance

to receive the needed leave.

Employees can also become leave donors.

"To donate leave, an employee must visit CHRO, complete a leave donor form and submit a recent LES to verify leave balances" said Gillespie.

The program is a great benefit to employees who may have a sick child or relative or is themselves incapacitated. The program provides much needed assistance to families when they experience financial hardship due to illnesses," she said.

For more information on the Voluntary Leave Transfer Program, call Joyce Gillespie at 253-6834.

Town Hall questions answered

by Staff Sgt. Michelle Smith
Media Chief

Editor's Note: *The station held its quarterly Town Hall meeting Aug 2. The following is part one of a three-part series of responses to questions posed during the meeting.*

Q: Regulations were recently published that disallowed TMO shipments of propane barbecue tanks. Will the station seek an exemption to grandfather personnel stationed overseas when the policy became effective? We are paying to ship the same tanks home that TMO shipped here.

A: According to the Joint Military Service and Headquarters Military Traffic Management Command, effective May 1, 2000 shipping and storage of propane tanks (of any type, including purged) in a members' Personal Property shipment is not authorized. The reason is due to recent fires and explosions in household good vans which resulted in the enactment of new, more stringent, civilian safety regulations. This change affects all civilian shippers in the states as well as the military shippers and was not grandfathered. Per postal authorities, the mailing of propane tanks isn't authorized unless they are new and unused. TMO is presently requesting assistance from HQMTMC to see if a member may file a claim for reimbursement and will promulgate any additional information once received, Master Sgt. Hall, traffic chief, Traffic Management Office.

Q: Human Resources Office is like a dark hole. Why can't they put up an organization chart or better yet, why can't the Preview do an article on them like last

month's article done on MCCSs buyers?

A: We will post an organizational chart here in relation to services provided in Building. 360 in addition to position one where the job opening forms are located. Keep your eyes open for a future story on HRO in the Torii Teller, Carol Howk, Human Resources officer.

Q: Round mirrors are placed at some blind intersections on base to aid visibility. Can all these mirrors be checked for proper alignment? Some are so misaligned they do no good at all.

A: As the Military Police patrol around the station, we will look at the mirrors. If any are found to be out of alignment, we will call in a trouble call to Facilities. Station residents are also encouraged to become involved and call in any problems they see to the Facilities trouble desk at 253-3131, Maj. Kratzert, station Provost Marshal.

Q: Can all the stop signs on base be placed at a standard height? They currently range in height from about four feet to nine feet. At the intersection of 10th Street and "A Avenue" there are eight stop signs and none are the same height

A: The National Highway Transportation safety Agency directs that all stop signs within the U.S. be at a height of seven feet from ground to base of sign. Over the years, many stop signs here have been installed at various heights for various reasons. In conjunction with Provost Marshal Office, Facilities will research this issue to determine if and where reasonable standardization should be made. The station Facilities Department and PMO are working together to set a standard height for stop signs, Cmdr.

see **MEETING** next page

News Briefs

Medical Appointments

Routine medical appointments can be made by calling the Primary Care Clinic at 253-3445/3438 or 4130. Residents experiencing a medical condition that cannot wait for an appointment should call 253-5572 or report to Urgent Care.

SOFA Classes

Due to the increased number of inbound personnel, the Status of Forces Agreement Driver's Class will be held twice a week until further notice. The classes will be every Wednesday at 1 p.m. and every Saturday at 9 a.m. in the Provost Marshal's Office classroom.

Safety Issues

Residents can report station safety hazards to the station Safety Center at 253-6242.

Bicycle Parking

Iwakuni residents are reminded to park their bicycles in the designated areas. Bicycles and mopeds should not be parked on braille sidewalks as they are the only guide for the blind. Bicycles left for more than five hours in an undesignated location will be removed by Iwakuni City employees.

Commissary Closure

The Commissary will be closed Tuesday, to put up new fixtures and reset the entire store. Normal working hours will resume Wednesday.

Road Construction

Newell Drive will be reduced to one lane of traffic, from the intersection of Brushert to the Recycling Center, from Aug. 28 to Oct. 28, due to construction.

Observers predict rain, shine

by Cpl. Kurt Fredrickson
Torii Teller Staff

An old man once created a device he said could tell the weather just by looking at it. From his pocket, he pulled a golf ball-sized rock hanging from a piece of twine. A "weather rock" he called it.

It was a simple thing. If the rock was bright on top it was nice out; gray if it was cloudy; wet when it was raining and if the rock turned white, you guessed it, it was snowing.

Luckily, aboard the air station weather observers, forecasters and equipment predict weather with greater accuracy than a rock on a string.

Weather observers gather information, so accurate forecasts can be provided to pilots and the

air station community.

"What we do, as far as weather is concerned, is keep everybody on the station safe," said Lance Cpl. Jarrod Atkinson, weather observer.

Every hour, observers go outside and take readings from three separate thermometers. They are used to get the wet bulb index temperature which determines flag conditions aboard the station. One measures air temperature, another measures an object in direct sunlight and the third measures humidity.

While outside, observers look to the sky to predict incoming weather and what pilots will have to fly through. Observers are also trained to read the elevation of clouds by what they look like. To get a better idea of the cloud elevation, weather balloons are released and tracked by eye.

"The gathering of information

is done manually," Atkinson said. "But the computers process everything."

Inside the Weather Office computers show observers the bigger picture. The computers receive information gathered from other areas of the world which helps the personnel better understand what will happen here in the future. Satellite images are also used to forecast the weather.

After the observers collect the information, the forecaster develops an outline of what is heading toward the air station.

"Each morning we create a 72-hour forecast for the pilots and the public," said Staff Sgt. Grant Warkins, weather forecaster.

Pilots depend on all the information that is gathered the most, said Lance Cpl. Zuriel Quinlan, weather observer. The weather reports tell pilots if they can fly

with their sight, or need the aid of instruments.

"For a pilot to even take off, he has to have a weather brief," Atkinson said.

To give pilots the best possible weather information, frequent forecasts must be made.

"Accurate forecasts are 72 hours, but general forecasts up to six days are a little off," Warkins said.

If observers take more than one reading per hour, the picture of what is to come gets clearer.

Although the technology observer's use helps them a lot, it's like the old man's weather rock-- there's no sure-fire way to predict the weather.

"Our job is predicting the unpredictable," Quinlan said. "There are millions of factors that go into it. To get a forecast right all the time just wouldn't happen."

MEDICAL from Page 1

an appointment.

During normal working hours patients may call Family Practice or Urgent Care and speak to one of the nurses. The nurses can help determine if the medical problem is urgent. Residents can reach Urgent Care by calling 253-5571/5572.

Residents also have the option of referring to the "Healthwise Handbook."

"The handbook provides a wealth of health

care information. The book is given free of charge to all beneficiaries during the air station Family Day brief, JRC, and at the Branch Medical Clinic Tricare office. This self-care handbook provides information on the most common health problems, and methods for self-treatment at home. It also provides guidance concerning when to seek medical treatment and emergency assistance," said Lund.

Residents may also call the Tricare Health Care Information Line.

"The HCIL is another resource beneficiaries can use to help them make informed and appropriate health care decisions," Lund said. "By calling HCIL toll free at 005-3111-4621, patients can speak to a registered nurse, or listen to pre-recorded information on over 450 health topics from the Audiohealth Library."

"Whether calling the HCIL or a nurse at Urgent Care, station residents have a variety of options to ensure that their health care needs are taken care of," he concluded.

MEETING from Page 3

Ermovick, Facilities officer.

Q: Modern technology has made this a small world. To save money immediately, why can't merchandise trends be researched without buyers physically traveling to tradeshow, then purchase orders could be submitted electronically?

A: Trade shows allow buyers to see and touch what they are purchasing. Quality would be difficult to determine by a computer. Conducting business face-to-face with vendors still seems to be an industry standard, Chief Warrant Officer Rogers, Exchange retail manager.

Q: The design of the new part of 10th Street after it crosses "A Avenue" next to Midrise 657 narrows from 34 feet to 26 1-2 feet. When cars park along the curb it

causes cars to cross the center line and drive into oncoming traffic. Can this part of 10th Street be designated as no parking along the curbs?

A: Provost Marshal's Office will conduct a traffic safety survey to assess the best course of action, Major Kratzert, station Provost Marshal.

Q: Why are the majority of the GS positions that were permanent being recruited as temporary positions? The statement on the announcements says, "positions that are temporary can be made permanent, terminated" etc. Do temporary positions here become permanent?

A: The air station (not including tenant activities) is undergoing significant changes due to budget restrictions. Since air station management cannot predict how positions will change because of Installation

Business Management re-engineering efforts, the air station needs to provide more flexibility in managing positions. A decision was made to convert all U.S. Civil Service positions GS-09 and below that become vacant to temporary positions, which are restricted to local recruitment. An exception to recruit permanent may be obtained from the Position Management Officer for those positions that are determined cannot be filled locally due to unique skills or qualification requirements.

Vacancy announcements indicate that temporary positions may be made permanent, extended, or the appointment terminated prior to the not-to-exceed date. This gives our office greater flexibility to convert a temporary appointment without issuing a vacancy appointment. If we did not include this statement, we would have to formally announce the vacancy if an exception is obtained to convert the position to per-

manent or to extend a temporary appointment, Carol Howk, Human Resources officer.

Q: There is a street in Monzen that needs lights. It is a corner street and someone could get hurt.

A: Provost Marshal's Office conducted a light survey and submitted a request for additional lights in the Monzen Housing area. The request is scheduled to be completed next year, Cmdr. Ermovick, Facilities officer.

Q: Last winter the club did not store patio umbrellas indoors through the winter. Unnecessary exposure to weather caused them to deteriorate causing money to be spent on replacements. Can the umbrellas be stored inside?

A: Patio umbrellas will be stored indoors during the winter months, Carmen Rios, Food and Beverage Branch manager.



Kingyo, or goldfish lanterns, hang on a line to dry. Twelve station residents traveled to Yanai to assemble the traditional lanterns.

Iwakuni residents create lanterns, memories



photos by Sgt. Michael Wiener

Victoria Lessard, 10, carefully paints the eyes of her goldfish lantern. Because the bodies of the fish were assembled by Nobuo Kawamura, residents finished their fish in an hour and were able to take them home as a memory of their trip to Yanai.

by Sgt. Michael Wiener
Torii Teller Staff

Twelve Americans jumped in a bus and headed south to take part in an annual Japanese tradition Aug. 11.

Led by Cultural Adaptation's Director Chiaki Ikeue, the group journeyed to Yanai to assemble kingyo, or goldfish lanterns.

"It was a very good way for station residents to learn about Japanese culture," Ikeue said. "We also learned a lot about Yanai's culture and history."

Every year Yanai hosts a celebration and use hundreds of golden fish lanterns to line the streets. A parade, food and booths add to the festivities.

"It was better to take the group down to Yanai so they can experience the culture and see the history, rather than have someone from Yanai come to Iwakuni and show us how to make the lanterns," Ikeue said.

"I wanted to see more of Japan — get in on traditional cultural events," said Heather Oestrike, who is visiting Japan from Michigan. "I wanted to create something that symbolized my memories in Japan."

A group of Iwakuni residents made the trip two years ago and assembled the entire lantern. This year, due to time constraints, the bodies of the lanterns were already made by instructor Nobuo Kawamura.

"He did the hard work for us," Ikeue said. "When we made the entire lantern two years ago, we didn't get back to the air station until 5:30 p.m."

Even though the fish were already partly assembled, the face, fins, body and tail still needed to be painted. Then the group played

surgeon and attached the fins and the tail to the body.

"I never made anything out of paper mache before," said Jessah Lessard, 12. "It was a lot of fun, but kind of hard."

"Putting on the tail was the hardest part," added Jessah's 10-year-old sister, Victoria.

After the tails were firmly affixed to the fish lanterns, they were hung to dry. The group took the opportunity to break for lunch and see a little of Yanai before heading back to Iwakuni.

The Yanai residents were more than happy to have a handful of Americans as guests for the day, Ikeue said.

"They don't have much opportunity to see and communicate with Americans, so when they do, they are very concerned with how Americans feel," said Ikeue. "They like to make sure Americans are having a good time and are taken care of."

"The Cultural Adaptation program is great," Oestrike said. "It shows that the Japanese people are always willing to help you out. That kind of generosity is good, and we should treat them in the same manner. It reinforces the fact that we should put our best face forward and show respect for their customs."

The next Cultural Adaptation exchange is scheduled Sept. 4. Station residents will meet Iwakuni Health Center volunteers and head to Oshima for a pottery tour and barbecue. However, residents don't have to wait for planned trips to enjoy Japan. For more information, call 253-6165.

"People on base can and should go out to smaller communities around Japan," said Ikeue. "It would be a good experience for both Americans and Japanese."



Lance Cpl. Jesse Maldonado, dog handler, leads Rocky through an obstacle course designed to give handlers and dogs confidence in their abilities.

K-9 Devil Dogs team up

by Sgt. Michael Wiener
Torii Teller Staff

"We get paid to play all day, and that's cool," said Lance Cpl. Teddy Ortiz, Provost Marshal's Office dog handler.

Though the 'play' involves rigorous training every day, K-9 Marines believe their job can't get any better.

"I love everything about my job," said Lance Cpl. Scott Blackson, dog handler. "I can't think of any real drawbacks."

The Marines and their four-legged partners have a serious mission. Most of the work they do involves narcotic and explosive detection in cargo and planes coming in and out of the air station. In order to maintain top efficiency, the handlers and canines train, or "play" as they say, every day.

"We go out to different training sites, vary the amounts of narcotics or explosives and hide them differently," said Sgt. Alan Catlin, kennel master. "We have records that keep track of their performance. If they fall below their standard proficiency, the next week we'll have specific training to get them back up."

Like the Marines who care for them, each dog has its own personality.

"Alan is very protective," Ortiz said of his dog. "The older they get, the more mature and used to the training they are. It's the job of the Kennel Master to match the dog with the handler."

Lance Cpl. Jesse Maldonado, the newest handler, already feels a bond with his partner, Rocky.

"The hardest part of being a dog handler is getting to know the dog and how to handle them," he said. "But we spend so much time with them, that we do develop a bond."

The unity between the Marines is also tight-knit.

"We're always training together," Maldonado said. "Blackson can't do his aggression training by himself, so we work together. We take care of each other's dogs — we pretty much do everything together."

With the chance of being bitten, the handler's job involves a certain element of danger. One the Marines don't take lightly.

"If we accidentally correct the dog in the wrong way, he might come up on us,"

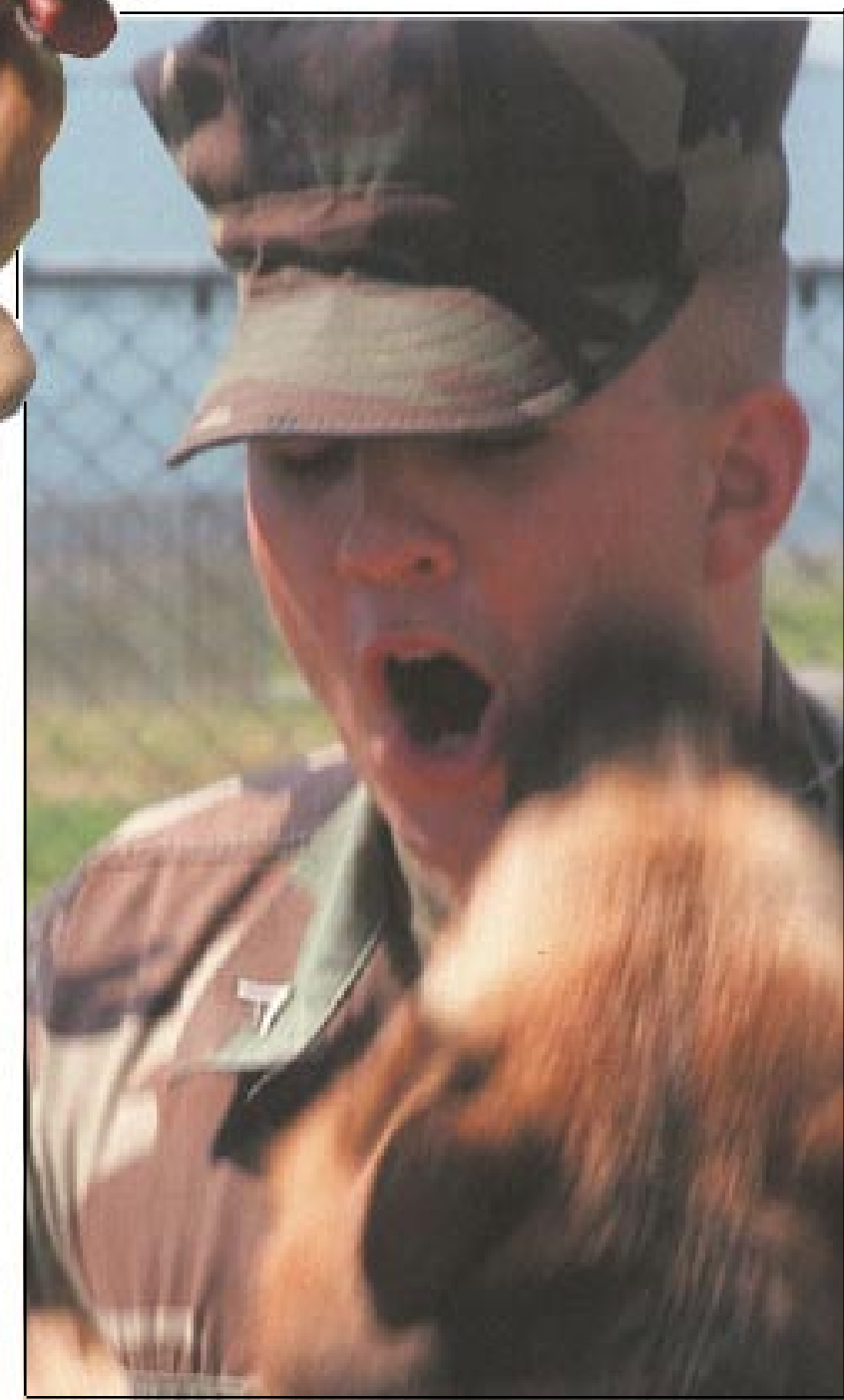
Blackson said. "One thing with dog handling is that it's never routine."

Though the care, training and occasional bite of the dogs requires more labor and patience than other jobs, the Marines are more than happy to do the extra work.

"We wouldn't want anyone here who doesn't want to be here," Catlin said.

"It's just part of the job," Blackson said.

"The dogs can't do it themselves — they depend on us. Later on, we'll depend on them."



Prince gives his handler, Lance Cpl. Scott Blackson, a kiss after a training session.



photos by Sgt. Michael Wiener

Lance Cpl. Jesse Maldonado and Rocky search a building for narcotics during a training exercise Monday. Along with the detection training, the dogs receive obedience training daily.

AFN TV Channel 11

Friday	
12:30	ESPNews
1:05	Movies 'til Dawn: Not Without My Daughter (TV-PG)
3:15	Movies 'til Dawn: Manhattan (TV-PG)
5:00	Headline News
5:30	ESPNews
6:00	Today Show
8:00	Headline News
8:30	Showbiz Today
9:00	Sesame Street
10:00	Blues Clues
10:30	Kiana's Flex Appeal
11:00	The Oprah Winfrey Show
12:00	NBC Nightly News
12:30	Wheel Of Fortune
1:00	Port Charles
1:30	Guiding Light (TV-14)
2:00	General Hospital (TV-14)
3:00	Sylvester And Tweety Mysteries
3:30	Sponge Bob (TV-Y)
4:00	Sister Sister (TV-PG)
4:30	Sabrina The Teenage Witch (TV-G)
5:00	Jeopardy!
5:30	Headline News
6:00	Pacific Report
6:33	CNN/SI
7:00	The Simpsons (TV-PG)
7:30	The Hughleys (TV-PG)
8:00	Star Trek: Voyager (TV-PG)
9:00	X-Files (TV-14)
10:00	Pacific Report
10:35	Tonight Show With Jay Leno
11:35	Late Show With David Letterman

Saturday	
12:35	ESPNews
1:05	Movies 'til Dawn: Mark Twain & Me (TV-PG)
3:45	Movies 'til Dawn: Dad (TV-PG)
5:00	Today Show
7:00	Zoboomafoo (TV-Y)
7:30	Franklin (TV-Y)
8:00	Disney's Pepper Ann (TV-G)
8:30	Wild Thornberrys (TV-Y)
9:00	Pokemon (TV-Y)
9:30	Dear America: Royal Diaries (TV-G)
10:00	Nova (TV-PG)
11:00	Hometime (TV-PG)
11:30	California's Gold
12:00	NBC Nightly News
12:30	Navy/Marine Corps News
1:00	Sports
4:00	WWF Superstars (TV-14)
5:00	Entertainers
6:00	Headline News
6:30	ESPNews
7:00	JAG (TV-PG)
8:00	Judging Amy (TV-PG)
9:00	20/20
10:00	Headline News
10:30	ESPNews
11:00	Saturday Night Live (TV-14)

Sunday	
12:30	Motown Live (TV-G)
1:30	It's Showtime At The Apollo
2:30	Storytellers (TV-PG)
3:30	Friday Night
4:30	Entertainers
5:00	Headline News
5:30	Hour of Power
6:00	Taking Authority '98
6:30	Coral Ridge Hour
7:00	The Word In The World
7:30	Cafe Video
8:00	Mister Rogers' Neighborhood
8:30	Wishbone
9:00	Wonderful World/Disney: The Loretta Claiborne Story (TV-Y)
11:00	Nature (TV-PG)
12:00	Headline News
12:30	Army Newswatch
1:00	MLB (FSN)
4:00	Xena: Warrior Princess (TV-PG)
5:00	Computer Chronicles
5:30	Wall Street Journal Report
6:00	Headline News
6:30	ESPNews
7:00	Survivor
8:00	Prime Time Movie: Soul Food (TV-PG)
10:00	Headline News
10:30	Seinfeld (TV-14)
11:00	The Drew Carey Show (TV-PG)
11:30	Walker, Texas Ranger (TV-PG)

Monday	
12:30	Americas Black Forum
1:00	NFL 2Night (ESPN2)
1:30	RPM 2Night (ESPN)
2:00	Arena Football (ABC)
5:00	NFL Preseason (FOX) Buccaneers at Patriots
8:00	Headline News
8:30	Showbiz Today
9:00	Sesame Street
10:00	Puzzle Place
10:30	Kiana's Flex Appeal
11:00	The Oprah Winfrey Show (TV-14)
12:00	Headline News
12:30	Wheel Of Fortune
1:00	Port Charles (TV-14)
1:25	Guiding Light (TV-14)
2:15	General Hospital (TV-14)
3:05	The New Adventures Of Winnie The Pooh
3:30	Disney's Aladin (TV-Y)
4:00	Squigglevision (TV-Y)
4:30	All That (TV-Y)
5:00	Jeopardy!
5:30	Headline News
6:00	Pacific Report
6:33	CNN/SI
7:00	60 Minutes
8:00	Touched By An Angel (TV-PG)
9:00	The West Wing (TV-14)
10:00	Pacific Report

10:35	Tonight Show With Jay Leno
11:35	Late Show With David Letterman
Tuesday	
12:35	ESPNews
1:05	Movies 'til Dawn: You Only Live Twice (TV-PG)
4:10	Movies 'til Dawn: American Graffiti (TV-PG)
5:00	Headline News
5:30	ESPNews
6:00	Today Show
8:00	Headline News
8:30	Showbiz Today
9:00	Sesame Street
10:00	Bear In The Big Blue House (TV-Y)
10:30	Co-Ed Training
11:00	The Oprah Winfrey Show (TV-14)
12:00	NBC Nightly News
12:30	Wheel Of Fortune
1:00	Port Charles (TV-14)
1:25	Guiding Light (TV-14)
2:15	General Hospital (TV-14)
3:05	Digimon: Digital Monsters (TV-Y7)
3:30	Beakman's World (TV-Y7)
4:00	Nick News
4:30	Sports Figures (TV-G)
5:00	Jeopardy!
5:30	Headline News
6:00	Pacific Report
6:33	NFL Monday Night Football Preseason: Packers at Dolphins
10:00	Pacific Report
10:35	Tonight Show With Jay Leno
11:35	Late Show With David Letterman

Wednesday	
12:35	ESPNews
1:05	Movies 'til Dawn: From Russia With Love (TV-PG)
3:15	Movies 'til Dawn: Young Ivanhoe (TV-PG)
5:00	Headline News
5:30	ESPNews
6:00	Today Show
8:00	Headline News
8:30	Showbiz Today
9:00	Sesame Street
9:30	Blues Clues (TV-Y)
10:00	Bodyshaping
10:30	The Oprah Winfrey Show (TV-14)
12:00	NBC Nightly News
12:30	Wheel Of Fortune (TV-G)
1:00	Port Charles (TV-14)
1:25	Guiding Light (TV-14)
2:15	General Hospital (TV-14)
3:05	Disney's 101 Dalmations (TV-G)
3:30	Brand Spanking New Doug
4:00	Outward Bound (TV-Y7)
4:30	Saved By The Bell: The New Class (TV-G)
5:00	Jeopardy!
5:30	Headline News
6:00	Pacific Report
6:33	CNN/SI

7:00	Sabrina, The Teenage Witch (TV-G)
7:30	Boy Meets World (TV-PG)
8:00	Dawson's Creek (TV-14)
9:00	Ally McBeal (TV-14)
10:00	Pacific Report
10:35	Tonight Show With Jay Leno
11:35	Late Show With David Letterman

Thursday	
12:35	ESPNews
1:05	Movies 'til Dawn: For Your Eyes Only (TV-PG)
2:55	Movies 'til Dawn: Murders In The Rue Morgue (TV-PG)
5:00	Headline News
5:30	ESPNews
6:00	Today Show
8:00	Headline News
8:30	Showbiz Today
9:00	Sesame Street
10:00	Bear In The Big Blue House (TV-Y)
10:30	Co-Ed Training
11:00	The Oprah Winfrey Show (TV-14)
12:00	NBC Nightly News
12:30	Wheel Of Fortune (TV-G)
1:00	Port Charles (TV-14)
1:25	Guiding Light (TV-14)
2:15	General Hospital (TV-14)
3:05	Rugrats
3:30	Superman (TV-Y7)
4:00	Pokemon (TV-Y7)
4:30	Boy Meets World (TV-PG)
5:00	Jeopardy! (TV-G)
5:30	Headline News
6:00	Pacific Report
6:33	CNN/SI
7:00	Friends (TV-PG)
8:00	Frasier (TV-PG)
8:50	Reel Time
9:00	NYPD Blue (TV-14)
10:00	Pacific Report
10:35	Tonight Show With Jay Leno
11:35	Late Show With David Letterman

Friday	
12:35	ESPNews
1:05	Movies 'til Dawn: The Spy Who Loved Me (TV-PG)
3:20	Movies 'til Dawn: The Road To Bali (TV-G)
5:00	Headline News
5:30	ESPNews
6:00	Today Show
8:00	Headline News
8:30	Showbiz Today
9:00	Sesame Street

Find additional TV schedules and sports teams names at www.iwakuni.usmc.mil.



Sakura Theater

Friday	
7 p.m.	The Nutty Professor II
10 p.m.	Shaft
Saturday	
4 p.m.	Titan A.E.
7 p.m.	The Nutty Professor II
10 p.m.	Shaft
Sunday	
3 p.m.	Titan A.E.
7 p.m.	Shaft
Monday	
7 p.m.	The Nutty Professor II
Tuesday	
12:30 p.m.	Quest for Camelot
7 p.m.	Titan A.E.
Wednesday	
12:30 p.m.	Mr. Magoo
7 p.m.	Shaft
Thursday	
Closed	

The Nutty Professor II: The Klumps (PG-13)

Rated PG-13 for crude humor and sex-related material

After keeping Buddy buried in his subconscious, he resurfaces and threatens Sherman's marriage plans to colleague Denise Gains. Using Denise's DNA research, Sherman decides to rid himself of his nemesis. But Buddy bursts full-bodied into Sherman's world and lays claim to the professor's astounding invention — a revolutionary youth serum. Sherman battles to reclaim his formula, restore order to his family, and marry the woman he loves before all hell breaks loose.

Shaft (2000) (R)

Rated R for strong violence and language.

When Walter Wade kills a young, black student, detective John Shaft makes the arrest. Walter skips bail and flees the country, Shaft hauls him back into custody as Walter returns to the states. When Walter's father posts bail again, he is out on the streets, looking to put Shaft in a body bag. Meanwhile, Shaft tries to track down the murder witness who can put his enemies away for good.

Titan A.E. (2000) (PG)

Rated PG for action violence, mild sensuality and brief language.

In a journey that begins after Earth ends, a teenager embarks on an adventure through space to find a legendary spacecraft, the Titan, which holds the salvation for the human race. With deadly aliens close behind, Cale must become a hero as he completes his mission to find a whole new world.

This schedule is submitted by the Sakura Theater and is subject to change.
Any questions or comments can be directed to **MCCS** at 253-4003.

Iwakuni's Theaters

Kokusai:	
Aug. 18 - Sept. 1	
"The Titan AE" - 10 a.m., 1:55 p.m., 5:55 p.m.	
"Perfect Storm" - 11:40 a.m., 3:40 p.m., 7:40 p.m., (Sat. only) 10 p.m.	
New	
Central I:	
Aug. 19-31	
"Mission Impossible 2" - 12:35 p.m., 3:30 p.m., 6 p.m., (Sat. only) 8:20 p.m., 10:40 p.m.	
New	
Central II:	
Aug. 18-31	
No English Movies	
New	
Central III:	
Aug. 19 - Sept. 3	
"Stuart Little" - 6:30 p.m., (Sat. only) 8:10 p.m.	

Classified Ads

Vehicles for sale

—1986 Toyota, 7-pass van, power windows and locks, JCI till June 2001, \$1,400/obo. Call Gunnery Sgt. Monzon at 253-4364 dwh or 253-2389 awl.

—1986 Honda sedan, white, 4 cylinder, good on gas, runs great, JCI till July 2001, \$700. Call Sgt. Naranjo at 253-3158 dwh or 253-4103 awl.

—1987 Honda Legend, 4-door, 6-cylinder, power sunroof, PW, new tires, BBS rims, JCI till May 2002, \$2,200/obo. Call Gunnery Sgt. Majercin at 253-3395 dwh or 253-2850 awl.

—1987 Toyota Sprinter, 4-door sedan, 5-speed, PS/PB, low kilometers, runs good, make an offer. Call 1st Lt. Anthony Kerch at 253-6504 dwh or 253-2926 awl.

—1988 Honda Accord, auto, power everything, JCI till Sept. 2001, \$1,200. Call Charlotte Kerch at 253-2926.

—1989 Nissan Corona, V6, A/C, AM/FM cassette, PW/PS/PDL, runs great, \$800 stereo system (two 10's sealed box, 180w amp/new), JCI till July 2001, \$1,200/obo. Call Lance Cpl. Cohran at 253-5995 dwh or 253-5160 awl.

—1989 Nissan Laurel, PS/PB/PW, A/C, auto, cruise control, AM/FM cassette, new tires, JCI till August 2002, \$2,000. Call Master Gunnery Sgt. Gerlt at 253-4343 dwh or 253-2313 awl.

—1990 Toyota Sprinter, 4-door sedan, auto, power everything, JCI till Dec. 2000. Call 1st Lt. Anthony Kerch at 253-6504 dwh or 253-2926 awl.

—1990 Honda Accord, 4-door, auto, power everything, excellent condition, JCI till Feb. 2002, \$1,700. Call Anthony Fleming at 253-5362 dwh or 253-7333 awl.

—1990 Honda Accord, 4-door, power sunroof, PW/PDL/PM, one year of JCI, \$1,900. Call Staff Sgt. Pontarelli at 253-5925 dwh or 253-2085 awl.

—1990 Toyota Camry, 4-door, PS/PB/PW, auto, A/C, AM/FM cassette, 80K., JCI till September 2001, \$1,700. Call Gunnery Sgt. Huddleston at 253-4615 dwh or 253-2868 awl.

Other items for sale

—Two "Cribs for Life" sleep systems wooden w/ mattress, \$75 each; plastic potty training toilet, \$5. Call Maj. Glasser at 253-3581 dwh or 253-2104 awl.

—Wooden chest, \$50, Little Tykes floor art center, \$10, Motorized Barbie car, \$100, Graco toddler bed w/ mattress, \$50, crib bedding set (5 pc.) \$15, Dunlop DDS golf clubs, \$100, clothing rack, \$5, Pooh Bear baby bounce chair, \$5, misc baby items, \$1-3 each, unused Mary Kay cosmetics, prices vary. Call Charlotte Kerch at 253-2926 awl.

Free

—Free uniforms: A former Marine wants to give away all of her old uniforms. All are in excellent condition. Some have never been used. There are Blues, Charlies, maternity uniforms, Alphas, cammies, boots and much more. Have some male enlisted uniforms. Prefer to give them to an E-4 or below, but will give them to anyone who needs them. Call Carolee at 253-2579.

—Boys' clothing (6-18 months) and teenage girls' clothing (sizes 5-7) free to first person to come pick them up. Call Michelle Smith at 253-2697.

Wanted

—Need three kerosene heaters, moving off-base. Call M. Flavan at 253-3447 dwh or 253-2432 awl.

Lost

—Gold wedding band, lost at Main Outdoor Pool, Aug. 7. If found, please call Gunnery Sgt. Crone at 253-4674 dwh or 253-5003 awl.

Job opening

(The Defense Commissary Agency is accepting applications for the following positions:)

—Deli Clerk, part time.

—Vendor Stockers, part time.

(Pick up job applications in the Commissary entrance or call 253-3249.)

MCCS job openings

—Three full-time management positions are available at Softland International's Iwakuni video rental and audio resale outlets. Maturity and experience are desired qualifications. Call Kary Poore, Torii Video, at 253-4700 or Cassandra Newsome, Torii Tunes, at 253-2555. Applicants also may contact Alan Burnside, Director-Military Sales, Softland International, 42 Sandbridge, Aliso Viejo, California, 92656. E-mail Burnside at absoftrep@aol.com.

—The MCAS Iwakuni Retired Activities Office has an opening for a volunteer administrative assistant. Typical duties involve researching references, compiling information, formulating ideas, organizing files, preparing newsletters and other similar functions. Basic administrative and customer assistance skills are essential. Experience in MS Office 97 and MS Publisher are helpful and professional training is available. This position offers a flexible work schedule with no minimum hours and free childcare is available. If you are interested in helping Iwakuni's retired military

community, call Ken Runyan at 253-3571.

—The New Parent Support Program has an opening for a home visitor in Iwakuni. The requirements are as follows: knowledge of military system/community resources, licensed LCSW or RN (RN must possess an AA or BS degree in community health, public health, or maternal/child nursing); two or more years postgraduate experience in community health, public health, or maternal/child nursing, home visiting, or family/child counseling. A driver's license and insurance are required. Only applicants meeting stated contract qualifications will be considered. For more information call 253-6553 or stop by Building 411, Room 127.

(The following jobs are open at MCCS Personnel:)

—Recreation Ops Assistant, Teen Center, NF-02, regular full time.

—Aquatics Program/Lifeguard Supervisor, Aquatics, NF-03, regular full time.

—Waiter/Waitress, Club Iwakuni, NA-03, regular full time and flexible.

—Operations Assistant, Food Court, NF-02, regular full time and flexible.

—Food Service Worker, Food Court and Burger King, NA-02, regular full time and flexible.

—Sales Associate/Cashier, Sound Shop, NF-01, regular full time.

—Sales Associate/Cashier, Main Exchange, NF-01, regular full time.

—Sales Associate/Cashier, Auto Mini Mart and Service Station, NF-01, regular full time and flexible.

—Store Worker, Main Exchange, NA-02, regular full time.

—Program Assistant, Child Development Center, CC-1, regular full time and flexible.

—Recreation Assistant, NF-02, flexible.

—Recreation Attendant, NF-01, flexible.

—Car Rental/Service Station Attendant, Service Station (Car Rental), NF-01, regular full time and regular part time.

—Security Guard, Main Complex, NF-01, flexible.

(Pick up a job application in the MCCS Personnel Office, Crossroads Mall second floor, Mondays, Wednesdays, and Fridays 7:30 a.m.- 5:30 p.m.; Tuesdays and Thursdays 7:30 a.m.- 4:30 p.m. or call 253-3030.)

HRO Job Openings

(Human Resources Office is currently accepting applications for the following positions:)

—Equal Employment Opportunity Counselor(s), open until filled.

—Child Development Center Director, GS-1701-09, open until filled.

—Management and Program Analysis Officer, GS-343-13, open until filled.

—Alcohol and Drug Abuse Program Supervisor, GS-101-11, open until filled.

—Environmental Protection Specialist, GS-0028-12, open until filled.

—Contract Specialist Supervisory, GS-1102-11, open until filled.

—Contract Specialist, MCCS Supporting Division, GS-1102-11, open until filled.

—Supervisory Librarian, GS-1410-09, open until filled.

—Child Development Education Specialist, GS-1701-07, open until filled.

—Contract Specialist, Facilities Department, GS-1102-11, open until filled.

—Family Member Employment Program Specialist, GS-0301-09, open until filled.

—Mechanical Engineer, GS-0830-12, open until filled.

—Child Development Education Specialist, GS-1701-9/11, open until filled.

—Supervisory Education Services Specialist, GS-1740-12, open until filled.

—Office Automation Clerk, GS-326-04, open until filled.

—Housing Manager, GS-1173-11, open until filled.

—Interdisciplinary Engineer Supervisory, GS-0800-12, open until filled.

—Supply Management Officer, GS-2003-11, open until filled.

—Housing Management Assistant, GS-1173-04, open until Aug. 14.

—Materials Handler, WG-6907-05, open until Aug. 14.

—Recreation Assistant, GS-189-05, open until filled.

—Secretary, GS-318-05, open until filled.

—Interdisciplinary, Psychologist/Social Worker, GS-0180-11.

(For additional information and appropriate forms call CHRO, Building 360, Room 32 at 253-6828.)

To submit your ads or announcement ...

Torii Teller accepts ads/announcement for nonprofit organizations and groups only. Briefs will run on space-available and time-priority basis. Deadline for briefs is noon Thursday. Torii Teller reserves the right to edit to fit space. To submit, stop by Building 360, Room 7 to fill out a form.

Crime Watch



Courts Martial:

Summary Courts Martial:

A Marine corporal was charged with violations of Articles 86 (Unauthorized Absence) and 90 (Assaulting or willfully disobeying a superior commissioned officer). The Marine pleaded guilty to four hours UA and was sentenced to reduction to lance corporal, forfeiture of \$890.60 pay for one month and one month confinement.

Summary Courts Martial:

A Marine sergeant was charged with violations of Articles 86 (Unauthorized Absence) and 121 (Larceny and Wrongful Appropriation). The Marine pleaded guilty to two counts of larceny and was sentenced to forfeiture \$1,143 pay for one month.

What's cooking at the Messhalls ...

Today

Lunch: Roast Pork, Baked Trout Fillet
Dinner: Yankee Pot Roast, Tempura Fried Fish

Saturday

Dinner Brunch: Grilled Tenderloin Steak, Barbecued Chicken

Sunday

Dinner Brunch: Chinese 5-Spice Chicken, Roast Beef

Monday

Lunch: Sukiyaki, Sweet and Sour Pork
Dinner: Roast Turkey, Veal Parmesan

Tuesday

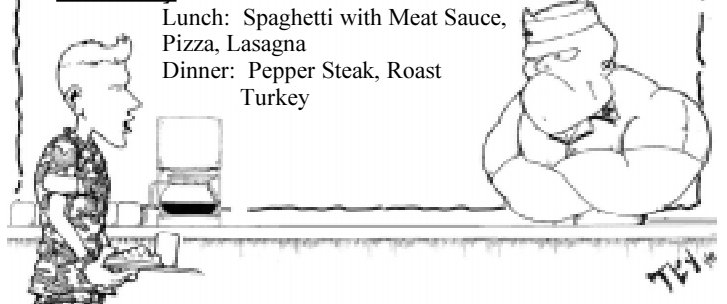
Lunch: Herbed Baked Fish, Turkey Pot Pie
Dinner: Meat Loaf, Breaded Pork Steaks

Wednesday

Lunch: Swiss Steak with Mushroom Gravy, Pineapple Chicken
Dinner: Bake Stuffed Pork Chops, Swedish Meat Ball

Thursday

Lunch: Spaghetti with Meat Sauce,
Pizza, Lasagna
Dinner: Pepper Steak, Roast
Turkey



Weekend's Weather

Today



Saturday



Sunday



Monday



Tide Table

	High tide		Low tide	
	Time	Size	Time	Size
Aug. 18	11:11 a.m.	10.35	5:15 a.m.	2.85
	11:41 p.m.	11.04	5:20 p.m.	1.43
Aug. 19	11:47 a.m.	10.27	5:50 a.m.	2.68
	---	---	5:56 p.m.	1.88
Aug. 20	12:17 a.m.	10.74	6:26 a.m.	2.63
	12:29 p.m.	10.05	6:38 p.m.	2.57
Aug. 21	12:53 a.m.	10.30	7:02 a.m.	2.70
	1:17 p.m.	9.68	7:20 p.m.	3.47
Aug. 22	1:29 a.m.	9.74	7:50 a.m.	2.87
	2:12 p.m.	9.25	8:09 p.m.	4.47
Aug. 23	2:18 a.m.	9.12	8:45 a.m.	3.07
	3:24 p.m.	8.93	9:15 p.m.	5.37
Aug. 24	3:18 a.m.	8.59	9:57 a.m.	3.13
	5 p.m.	9.05	11:02 p.m.	5.77

Education



Test Schedule

Every Tuesday/Friday

- College Level Examination Program
- DANTES Subject Standardized Test

Aug. 28 - Electronics Data Processing Test

Aug. 30 - Defense Language Proficiency Test

- Defense Language Aptitude Battery

Aug. 31 - Armed Forces Classification Test

All tests begin at 8 a.m. at the Education Service Office, located at Building 411, Room 101. Sign up 15 minutes prior. There is a fee for civilian personnel but not for service members. No Scholastic Assessment Tests will be held during August. For more information call 253-3855.

Total Quality Training Opportunities

Total Quality classes offered:

Aug. 18 Team Skills and Concepts in English

Aug. 28-Sept. 1 Facilitator Refresher in English

Anyone is welcome to sign up and take the classes. There is no fee to the student. To reserve a seat call 253-4719 or e-mail hornew@iwakuni.usmc.mil.

Human Resources Office Classes

Aug. 24 HIV (AIDS) Awareness Information

Aug. 31, Sept. 21 USCS Performance/Award, Conduct and ADR

Classes are held from 8:30-10:30 a.m. in Building 411. For more information e-mail gillespiej@iwakuni.usmc.mil.

Spouse Tuition Aid Program

The Navy-Marine Corps Relief Society is offering tuition assistance for Term II at University of Maryland and Central Texas College to spouses of Navy and Marine Corps personnel. Applications are being accepted from Monday to Sept. 15. Tuitions aid is granted one term at a time and is based on need. Paperwork and interview must be completed by Sept. 15. Stop by the Navy-Marine Corps Relief Society office to pick up your packet and schedule your appointment. Bring a current LES, identification card and completed paperwork to the interview. For more information call 253-5311.

Community



Medical Clinic Health Promotions

Tobacco Cessation Courses will be held today, Aug. 30 and Sept. 1, and a Controlling Cholesterol Course will be held Aug. 31. All courses will be held from 10-11 a.m., in the Branch Medical Clinic Library. For more information call 253-3266.

Alcoholics Anonymous

Alcoholics Anonymous open meetings are

held Wednesdays, 11:30 a.m. and Thursdays and Sundays at 7 p.m. Closed meetings are held each Monday and Thursday, 11:30 a.m. and Tuesday at 7 p.m. All meetings are on the second floor of Building 497. For more information call 43-4814.

Medical Specialists visit

Podiatry, Orthopedics and Ear, Nose and Throat specialists will be visiting the Branch Medical Clinic Monday-Tuesday. For consultation with your primary care manager call 253-3445/3438.

Substitute Nurses

Matthew C. Perry Elementary School is accepting applications for substitute nurses. Applicants must have medical training and experiences. For more information call 253-3447.

Local Employment Orientation

Family Member Local Employment Orientation will be held Aug. 29, 9-11 a.m. at Community Services Building 411, Room 216-217.

This class answers a myriad of questions confronting Iwakuni's local job seekers, information presented will include CHRO's employment procedures, spouses employment preference, qualifications and referral priorities. Advanced sign-up is required by calling 253-6828.

Latinos Unidos

Latinos Unidos will be hosting a Latin Dance today, 9 p.m.-2 a.m. at Club Iwakuni's banquet room B. There is a fee to enter. For more information call 253-5509.

Marine Corps Community Services

Club Iwakuni Comedy Show

Club Iwakuni Comedy Showcase will present Monique Marvez and Cynthia Levin Saturday, 8 p.m. in the ballroom. The show is open to all ranks and adults only.

Music Festival

The Club Iwakuni Summer Music Festival is scheduled Aug. 26, 5 p.m.-midnight. Entertainment includes Obsessed, S.O.L., R.B. Stone, David Ralston, and Rainbow Bridge, with a Jimi Hendrix tribute. The event will be on the 18th hole behind the club, in the ballroom in case of inclement weather.

Survival Japanese Class

Survival Japanese Classes will be held Aug. 22-25 and 29-31, 11:45 a.m.-12:30 p.m. in Building 411, Room 217. For more information and to register call 253-6165.

Sponsorship Class

A Sponsorship class will be held Thursday, 10-11 a.m. in Building 411, Room 117. For more information and to register call 253-3311.

Moxie Java Hours Change

Moxie Java coffee cart in the Crossroads Mall food court will close at 2:30 p.m. daily until further notice. Pastries and bagels are still available at Papa Joe's during food court operational hours.

Investment Club

Those interested in starting an investment club should call 253-6352.

VA Representative Visits

A Department of Veterans Affairs Military Services Coordinator will visit the air station Aug. 22-25. Briefings are scheduled Tuesday, 9:30-11:30 a.m. and Wednesday, 1-3 p.m. in the Community Services Building. Individual appointments are available. This may be the last visit until spring. For more information call 253-6439.

TAMP and TAP Briefing

Military personnel within six months of discharge are required to attend this briefing, to be held Tuesday through Aug. 25, 8:30 a.m.-4:30 p.m. in Community Services Building 411, Room 121. Informational briefing covers DoD preparation and the Department of Labor job search seminar. Spouses are encouraged to attend. To register or for more information call 253-6439.

Taxi Hours Change

Marine Corps Community Services taxi service is now available Monday-Thursday, 11 a.m.-5 p.m. Fridays and Saturdays, 11 a.m.-3 a.m., and Sundays, 11 a.m.-7 p.m. Call 253-5007 for service on air station only.

Torii Video New Releases

New videos include "Romeo Must Die" and "The Beach." New on DVD are "Jaws Anniversary Edition," "Romeo Must Die," "Pups," "The Stray," and "Tombstone."

Special Order for Ball

The Marine Corps Exchange special order department is accepting orders for dress uniforms for this year's Navy and Marine Corps balls, until Sept. 15. For more information call 253-5641.

Chapel Services



Chapel News

(1)- Chapel Annex (2)- School Gym

Roman Catholic

Saturday 5:30 p.m. Mass (1)

Sunday 9 a.m. Mass (2)

Protestant

Sunday 10 a.m. Church of Christ (1)

10:30 a.m. General Service (2)

noon Gospel Service (2)

Latter Day Saints

Sunday 12:30 p.m. Service (1)

Jewish

Friday 6 p.m. Shabat (1)

For information regarding devine services, religious education or any other Command Religious Program/Chapel activity, call the Station Chapel at 253-5218. For information on Jewish services call Mark Zeid at 082-231-4008 after 6 p.m. or call the Station Chapel.

Sports Briefs

Gladiators Competition

This annual unit competition is scheduled for today beginning at 10 a.m. in the Outdoor Pool and on the Main Parade Deck. Tagged the "Sober Bowl" this year, the competition is co-sponsored by the Single Marine Program in support of drug and alcohol awareness. For more information call 253-5051.

M.C. Perry Football Practice

Matthew C. Perry Samurai football practice is under way at Penny Lake Field 3. High school boys in grades 9-12 may participate. Players must have a physical prior to reporting for practice. Pick up a physical form at the M.C. Perry High School office. For more information call 253-4995/5448. There is a fee.

Golf Course Closure

Torii Pines Golf Course closes Wednesday, 9-11 a.m. for a youth golf camp tournament. For more information call 253-3402.

Labor Day Sprint Triathlon

Register now for the Sept. 3 Labor Day Sprint Triathlon. The race consists of a 1,200-meter swim, 36-kilometer bike portion, and a 10-kilometer run. The event is open to the general public, and there is a fee except for unit teams. Registration closes Aug. 25. For entry information or to volunteer call 253-5654.

Volunteers Requested

Semper Fit seeks volunteers to assist at the Sept. 3 Labor Day Sprint Triathlon by attending various stations. Volunteers receive a commemorative T-shirt and a meal. For more information call 253-6359.

Sailing Lessons

Level 1 United States Sailing Association lessons are offered at the MCCS Marina Sept. 11-15, 4:30-8 p.m. Status of Forces Agreement patrons may register at ITT. There is a fee. For more information call 253-3822.

Youth Soccer and Skills Day

Registration for youth soccer is under way until Aug. 25 at the Main Gym. Sign up weekdays 8 a.m.-4 p.m. at the front desk. Play is open to youth 5-14 years old. Skills assessment for players 10-12 years old will be held at Penny Lake Sept. 9, 10 a.m. Soccer opening ceremonies are scheduled for Sept. 23, 10 a.m.

Soccer Coaches' Training

Youth Soccer coaches are required to attend National Youth Sports Coaches Association training Sept. 5 and 6, 5-8 p.m. in the Main Gym Wellness Room. Anyone interested in coaching youth sports is encouraged to call 253-3239.

Stableford Golf Tournament

Torii Pines will hold a Modified Stableford Golf Tournament Aug. 26. Showtime is 7 a.m., with a 7:30 a.m. shotgun start. There is an entry fee, and eligible golfers must sign up by 9 a.m. Thursday. In recognition of Retiree Appreciation Week, special prizes will be awarded to retirees placing first through third. For more information call 253-3402.

Cheerleading Try-Outs

Matthew C. Perry High School will hold cheerleading try-outs for the 2000/2001 school year from Aug. 21-25. There will be a mandatory meeting Aug. 17 at 5 p.m. at M.C. Perry Elementary School, Room 207. Every cheerleader planning on trying-out must attend as well as one parent. For more information call Jennifer Walker at 253-2902.

Sports Physicals

Students planning to play high school sports should make an appointment for a sports physical now to insure eligibility to play when the season starts. Forms can be picked up from the main High School or school nurse's office. Please have your parents fill out the health history from Page 2 prior to your appointment.

The Scoreboard

Softball

Aug. 14

Rooftop Warriors defeated No Fear, 31-9

Rooftop Warriors defeated Demons, 13-8

Crash Crew defeated No Fear, 16-5

MAG-12 defeated Demons, 15-3

Aug. 15

Navy defeated Partners in Crime, 12-11

Dragons defeated Demons, 19-0

No Fear defeated Partners in Crime, 11-8

Crash Crew defeated Demons, 19-1

Navy defeated Rooftop, 18-13



Triathletes train for Labor Day race

by Cpl. Kurt Fredrickson
Torii Teller Staff

Training is a huge part of the racing process for triathletes and must be started months before a race.

To prepare for the upcoming Sprint Labor Day Triathlon here Sept. 3, more than 20 Japanese and Americans met at the Main Gym to hone their skills.

Athletes spent time training in each of the three areas of a triathlon — running, biking,

and swimming. After a 5-kilometer run, and three laps around the station on bike, the triathletes cooled off with an individual swim at the indoor pool.

“This group has a few beginner triathletes who don’t know this course, so we taught them about the course,” said Yuki Kuramoto, triathlete.

The group was a mix of beginners and veteran racers. The more experienced passed tricks on to the group they have learned from participating in previous triathlons.

“We showed them the race course, the

tactics of the triathlon and repairs for the bike,” Kuramoto said.

It was hot when they began the run and it only got hotter as the day went on. Once they completed the run portion and got into the bike section, some began to slow. This day was not about speed though, it was about learning the course they would run.

After three laps around the air station, everyone met back at the gym. During a lunch of pizza and sports drinks, they discussed racing methods.

Kazuhide Ueki, local triathlete and bike storeowner, explained how to change a flat on a road bike using a few simple tools. He also told racers about the importance of keeping track of your running shoes so no one else picks them up by mistake after the swim or bike portion of the race.

Although some new triathletes may have had doubts at the beginning of the day, what they learned was enough to make them feel more comfortable with racing.

“Before coming here everybody was worried about the Labor Day Triathlon,” Ueki said. “Some people didn’t know how to prepare for the triathlon.”

According to Ueki, this upcoming triathlon is good for beginners because there are no time limits for each section. People aren’t rushed to complete one portion of the race, and the course is gradual and smooth.

On race day, triathletes will have to push through a longer swim, bike ride and run. Although longer, the triathletes will know what lies down the road on this course because of the training they have done here.



Mayu Nishibayashi rides one of three laps around the air station Sunday to practice for the upcoming Sprint Labor Day Triathlon.



photos by Cpl. Kurt Fredrickson

Kaoru Makino runs the 5K course during triathlon training aboard the air station.